

## Foundations Forum update December 2021



It is hard to believe that December is upon us, and we are near the end of 2021.

Reflecting to this time last year and noting that 2020 was a challenging year for us all, who would have thought 2021 would bring us even more challenges! Despite being thrown into a lockdown for the most part of the last six months, we were pleased that we were able to run the two SRV *Towards a Better Life* workshops in Sydney and the one day *What does it mean to have an intellectual disability?* All workshops were booked out and we received great feedback from participants who attended.

We have already started to plan for 2022 and are very keen to be able share with everyone in the coming months some of the SRV events and workshops we plan to host throughout 2022.

Common feedback we received from people who attend the two-day SRV workshop is for further opportunities to discuss how SRV can be applied to either their work role, in a personal capacity or as part of their advocacy efforts in supporting a person who experiences devaluation. To help support further learning for people, Foundations Forum will be offering regular facilitated SRV Conversations throughout 2022 with our first two scheduled for the 16 February

and 21st March. You can find out more about the conversations in our update below.

Foundations Forum would like to thank all our members and supporters for their ongoing commitment to SRV and improving the lives of people experiencing devaluation. We wish everyone a restful and happy festive season with loved ones.

We look forward to connecting with you again in 2022 and hope to see you at one of our events either online or in person throughout the year.

*Rhiannon Brodie, Foundations Forum Chairperson on behalf of the Foundations Forum Committee.*

## **Foundations Forum 2022 Online SRV Discussion Series**

In 2022 we will be hosting regular online SRV discussions that will be based around the 10 themes of SRV, with our first session taking place on 16 February on Imagery and the second topic on 21 March on Personal Identification. The online conversations are for people who have attended an SRV workshop to help strengthen learnings and to understand more about the practical application of SRV. Registrations for the first conversation will open in January and stay tuned for updates on other conversations scheduled for the year.

### **Imagery**

Why imagery is so important with getting on in the world. Whether we like it or not we live in a time that looks count. Some people with disability need assistance not just to look good but also appropriate for the occasion.

**Date and Time:** Wednesday 16 February 5.00pm-6.30pm (AEDT)  
Registrations open in January 2022.

This online discussion will be facilitated by Meg Sweeney. Meg is a parent of an adult daughter with intellectual disability who needs mentoring in many aspects of her life. Meg is a long term student and teacher of SRV who has witnessed its capacity to loosen the grip of devaluation.

### **Personal Identification**

If you want to understand me you need to stand in my shoes.

**Date and Time:** Monday 21 March 1.00pm-2.30pm (AEDT)  
More information to come.

### **SRV resources**

Below are some resources based on SRV ideas and themes.

**Podcast:** Produced by Belonging Matters featuring Dr Michael Kendrick taking about the benefit of a valued role in the community. Have you ever paused to consider the benefits a valued role in community offers? In this podcast, Dr Michael Kendrick talks about the importance of acquiring and being supported in valued social roles and the many benefits that come with them. You can access this podcast via the link: <https://bit.ly/3CIVL8g>

### **SRV Resources including videos available on Imagine More's website**

This website page: has lots of useful SRV based resources on topics including:

- Bringing the community along
- Using effective tools to build valued roles
- What it takes to craft a values
- Valued roles in schools

**Why Learn Social Role Valorisation?** is a short presentation delivered by Accredited Teacher of SRV Jane Sherwin and also available on Imagine More's website. It is a great resource for those new to hearing about SRV and are thinking about attending a workshop.

Imagine More's website address is: [www.imaginemore.org.au](http://www.imaginemore.org.au)

**Video: What citizen advocacy brings for Emma and Marilou produced by Citizen Advocacy Sunbury & Districts, edited by B-Interactive**

Emma and Marilou came to know each other through the efforts of Citizen Advocacy Sunbury and District Inc. They discuss how citizen advocacy has influenced their lives.

If you would like to know more about Citizen Advocacy visit: <https://citizenadvocacytrust.com.au>

**National SRV 10 online course**

Australia's Social Role Valorisation Association (ASRVA) and QLD's Local SRV Group Values in Action Association (ViAA) successfully held their first online SRV 10-theme course throughout November and December.

Accredited Teacher of SRV Jane Sherwin led the event – there were four other teachers, seven group leaders, and 42 participants.

ASRVA decided to present the SRV 10-theme course as it provides more depth and nuancing than the 2-day SRV theory event, 'Towards A Better Life'. This gives it significant value to those who wish to use SRV to make for better lives for people experiencing devaluation.

It also gave members of the SRV Educators' Study Group and others the opportunity to take on leadership roles.

For more information about ASRVA please visit: [www.asrva.org.au](http://www.asrva.org.au)

**Foundations Forum website:** [www.foundationsforum.org.au](http://www.foundationsforum.org.au)

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